

November 2022  
Link plan

Dear Member

## **2023 BENEFITS FOR WORKING MEMBERS AND PENSIONERS**

Transmed hereby presents the Fund's benefits for 2023. Accompanying this letter is your benefits guide, which will assist you in understanding how to best manage your medical benefits based on your chosen plan.

### **Changing your plan**

Should your current benefit plan no longer meet your and your family's healthcare needs or budget, you may consider changing your plan. Members may change their benefit plan once a year with effect from 1 January. Please refer to the benefits guide for more details about the plan change process. A plan selection form has been enclosed for you to complete, should you wish to change your benefit plan for 2023.

The completed form must reach the Fund by no later than 31 December 2022.

Please read the information provided carefully before confirming your benefit plan for 2023.

### **Benefit changes 2023**

Most of the individual benefit limits have been increased in line with anticipated tariff increases.

Appliances and prostheses limits have been increased in line with the current cost of appliances and prostheses.

Should you require assistance or clarity with any benefits, please call our customer service department on 0861 686 278 and speak to our customer service agents, who will gladly assist you.

### **Contribution increases 2023**

Transmed managed to keep contribution increases on this plan at an overall increase of 6%. The 2023 benefits guide provides full details of the contributions.

### **Child dependant contributions for students**

Members are reminded that child dependants who are 21 to 24 years of age, are studying at an accredited learning institution and still dependent on the principal member, qualify for child dependant contribution rates.

### **Ambulance service**

In case of a medical emergency when an ambulance is required, please contact Europ Assistance on 0800 115 750. This service is available 24 hours a day, seven days a week.

### **Hello Doctor**

Hello Doctor is a mobile-based service that provides you with direct access to qualified doctors for health advice and information on your phone, tablet or computer.

*Continued overleaf*

If you need medical advice, request a call or chat by logging in via our app or website. Alternatively, dial \*120\*1019# and follow the prompts. For technical support, send a WhatsApp to +27 73 778 4632.

**In closing**

On behalf of the Board of Trustees, I would like to wish you and your family a healthy and prosperous 2023.

Yours faithfully

A handwritten signature in black ink, appearing to be 'Petrus Wassermann', written in a cursive style.

**PETRUS WASSERMANN**  
PRINCIPAL OFFICER