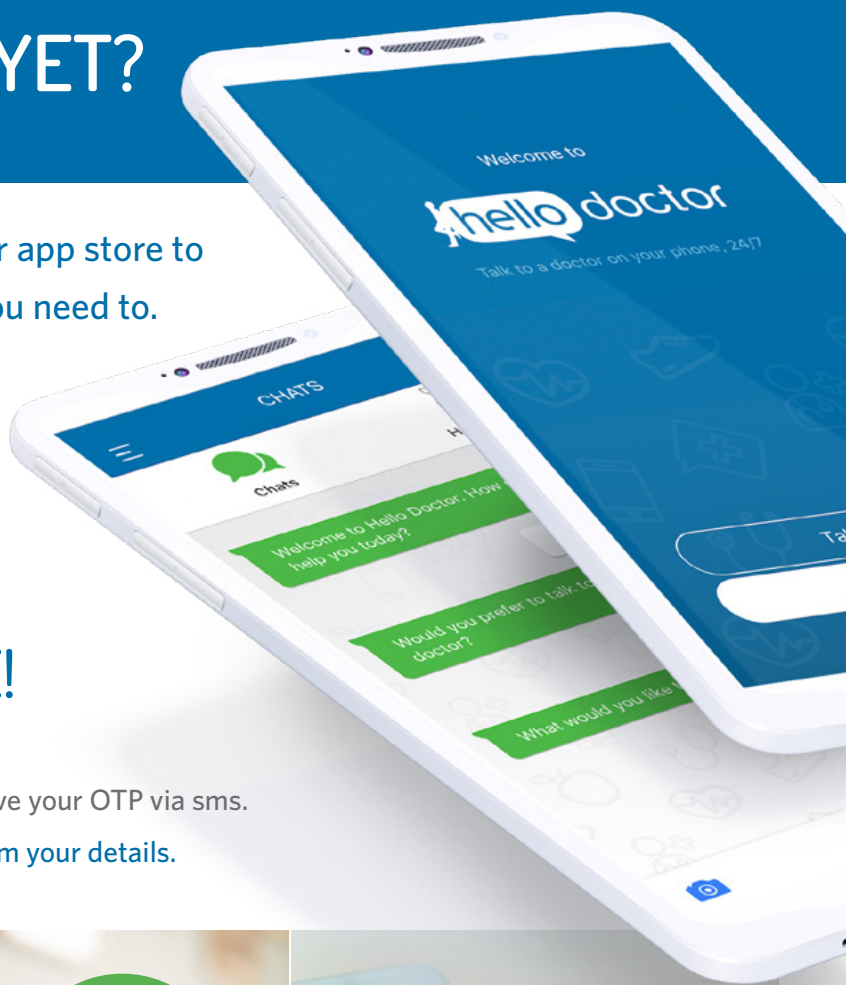


# HAVE YOU TRIED THE HELLO DOCTOR APP YET?

Remember you can download it from your app store to talk to a doctor on your phone anytime you need to.



## LOGGING IN IS SUPER SIMPLE!

Just enter your ID/Passport Number and you'll receive your OTP via sms. OTP not arriving? Call us on 087 230 0002 to confirm your details.



**CHAT TO OUR DOCTORS**

**Choose Talk to a Doctor OR Chat to a Doctor.** Just submit your request, and the doctor will respond within an hour to give you advice over the phone.



**EXPLORE OUR HEALTH TIPS**

**Looking to quit smoking, lose weight or learn more about managing diabetes?** Hello Doctor's Health Tips are a personalised journey into health and wellness categories of your choice. Be sure to enable your push notifications and look forward to receiving two tips a day.



**CHECK OUT OUR SYMPTOM CHECKER**

**Feeling sick and don't know why?** Tell us what symptoms you're experiencing before speaking to a Doctor, and we'll be able to give you better advice, faster.

